

# Heat Attacks

## When Everything Looks Completely Normal

You open a document link shared through a trusted platform. The page asks you to sign in again – which feels routine. You enter your credentials. Nothing looks suspicious. But in the background, hidden browser scripts quietly capture your login details. This is called a HEAT attack.

HEAT (Highly Evasive Adaptive Threat) is a modern attack technique that uses trusted websites, cloud services, and normal browser activity to steal credentials or session data.

There are:

No infected files

No malware alerts

No obvious warning signs

The attack starts only after you interact with the page.

### Where You May Encounter It

HEAT attacks often appear during daily work:

Shared cloud documents



Login prompts on familiar platforms



Links from email, chat, or collaboration tools



Trusted-looking websites



Routine actions become the entry point.

### Pause Before You Sign In

Before entering credentials, ask:

Was I expecting to sign in again?

Does the website address look exactly correct?

Did I reach this page through an official bookmark or portal?

A 5-second pause can prevent a major incident.

### How to Stay Safe

- Use bookmarks or official portals for login
- Avoid signing in through unexpected links
- Verify access requests before proceeding
- Keep your browser and device updated
- Report suspicious pages to the IT/Security team

**Key Message** HEAT attacks do not look dangerous – that's why they work.

Trusted does not always mean safe.  
Verify before you act.